



The Hong Kong College of Psychiatrists Ltd.

香港精神科醫學院

(Incorporated in Hong Kong with limited liability)

President

Prof. Eric Y H Chen

陳友凱教授

Vice-President (General Affairs)

Dr. Roger M K Ng

吳文建醫生

Vice-President (Censor/Education)

Dr. Phyllis K L Chan

陳國齡醫生

Honorary Secretary

Dr. W H Cheung

張偉謙醫生

Honorary Treasurer

Dr. K H Lau

劉家獻醫生

Council Members

Dr. Sherry K W Chan

陳詒燁醫生

Dr. W F Chan

陳華發醫生

Dr. Ronald Y L Chen

陳玉麟醫生

Dr. C W Cheng

鄭志威醫生

Prof. Arthur D P Mak

麥敦平教授

Dr. F K Tsang

曾繁光醫生

Ex-officio

Prof. Linda C W Lam

林翠華教授

Honorary Legal Advisor

Ms. Barbara A Hung of

Chaine, Chow & Barbara Hung

周振文, 洪珀姿律師事務所

Honorary Auditor

Mr. Dave S N Kwok

郭嘯南先生



A Constituent College of the
Hong Kong Academy of Medicine

Press Release

To: Assignment Editor

23 December 2015

“A Survey on Psychiatrists’ Experiences in Hong Kong” Press Conference

In response to the recent public concern about psychiatrists’ caring experience and social stigma experienced by patients with mental illness, the Hong Kong College of Psychiatrists conducted a survey into psychiatrists’ insider views on challenges and rewards from daily clinical practice encompassing impact of social stigma related to mental health service.

We have invited 490 psychiatrists either in training or as a specialist in the public or private sector in Hong Kong to participate in this survey. The response rate is unprecedentedly high as 70% of all psychiatrists in Hong Kong have participated in this survey launched in 48 hours. Over 80% of Hong Kong psychiatrists often have a REWARDING EXPERIENCE seeing their patients. 70% of Hong Kong psychiatrists often feel challenged by stigma on patients and the profession as well as deficits in resources and long-term policy. Among these 60% Hong Kong psychiatrists often frustrated to have difficulties in issuing medical certificate for patients for sick leave, as a result of their fear of their employer knowing about the nature of the illnesses.

Parallel to the survey, psychiatrists and service user will share their views and personal experiences on prevailing discriminations against those with mental illnesses as well as challenges faced by the local mental health service providers.

The Hong Kong of College Psychiatrists has long been collaborating with Hospital Authority, schools, Educational Bureau and non-government organizations for various activities to promote mental health education. In 2015, College also issued an anti-stigma position statement with public awareness objective to reduce discrimination against mental illness in the society. We will launch out a “Look at Mi” Anti-stigma campaign, involving public lecture series, mental health youth ambassador program and “Look at Mi” photography workshop and competition.

Speakers: **Dr. Phyllis Chan**

Vice-President, the Hong Kong College of Psychiatrists

Consultant, Department of Psychiatry, Queen Mary Hospital

Prof. Sandra Chan

Chairman of the Research Committee,

The Hong Kong College of Psychiatrists

Associate Professor, The Chinese University of Hong Kong

Dr. Ivan Mak

Chairman of the Public Awareness Committee,

The Hong Kong College of Psychiatrists

Sharing by psychiatrists

Dr. Sherry Chan

Clinical Assistant Professor, EASY Service,

Department of Psychiatry, The University of Hong Kong

Dr. Marshall Lee

Fellow, The Hong Kong College of Psychiatrists

Sharing by service user

Ms. Esther Lee

Language: English /Cantonese

For media enquiries, please contact: Ms Sabrina Hung of the Secretariat Office
(Tel: 2871 8770 / 9685 5632).

Secretariat Office: Room 906, 9/F, Hong Kong Academy of Medicine Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong
Tel: (852) 2871 8777 Fax: (852) 2870 1391 Email: hkpsych@hkam.org.hk Website: www.hkpsych.org.hk



The Hong Kong College of Psychiatrists Ltd.

香港精神科醫學院

(Incorporated in Hong Kong with limited liability)

President

Prof. Eric Y H Chen

陳友凱教授

Vice-President (General Affairs)

Dr. Roger M K Ng

吳文建醫生

Vice-President (Censor/Education)

Dr. Phyllis K L Chan

陳國齡醫生

Honorary Secretary

Dr. W H Cheung

張偉謙醫生

Honorary Treasurer

Dr. K H Lau

劉家獻醫生

Council Members

Dr. Sherry K W Chan

陳喆燁醫生

Dr. W F Chan

陳華發醫生

Dr. Ronald Y L Chen

陳玉麟醫生

Dr. C W Cheng

鄭志威醫生

Prof. Arthur D P Mak

麥敦平教授

Dr. F K Tsang

曾繁光醫生

Ex-officio

Prof. Linda C W Lam

林翠華教授

Honorary Legal Advisor

Ms. Barbara A Hung of

Chaine, Chow & Barbara Hung

周振文, 洪珀姿律師事務所

Honorary Auditor

Mr. Dave S N Kwok

郭嘯南先生



A Constituent College of the
Hong Kong Academy of Medicine

新聞稿

致: 採訪主任

二零一五年十二月二十三日

「香港精神科醫生的工作概況調查」記者招待會

為回應近日公眾對精神科醫生及精神疾病患者的關注，香港精神科醫學院進行了一項以精神科醫生為對象的精神科服務調查，希望藉此增加公眾對本港精神科服務，以至精神科醫生之了解，並喚起公眾關注備受社會歧視的精神疾病患者。

此調查以問卷形式訪問了全港490名在職及正在接受培訓的精神科醫生之工作概況，了解他們對香港各公共及私營機構提供的精神科服務之看法，同時探討精神疾病患者在香港的歧視情況。在48小時內，我們收到全港精神科醫生熱烈的回覆，是次調查回覆率高達七成。

透過我們自身的臨床工作經驗，及精神疾病患者的經歷分享，讓公眾進一步了解社會及傳媒加諸精神疾病患者身上的歧視與壓力。同時探討作為精神科醫生的我們，在精神科服務中面對的各種挑戰與困難。由調查得知，超過八成的精神科醫生因治療病患者而得到鼓舞。面對社會對精神病患者的歧視、資源不足及缺乏長遠的精神健康政策，有七成的受訪醫生感到沮喪。其中更有六成的醫生因疾病患者擔心雇主的看法而在簽發病假醫療證明時感到困難。

香港精神科學院一向都致力精神健康教育，與其他機構如醫管局、學校、教育局、非政府組織等協作，以不同形式推廣公眾精神健康教育。由2015年起更制訂長遠反歧視策略，將會有一系列的活動增加公眾對精神病的關注及認識並改變其對精神病的歧視態度和行為，反歧視推廣運動：**Look at “Mi” 「正視精神」**，包括專題講座、分享不同精神問題常見謬誤和正確訊息、「米青年」精神健康大使計劃及「正視精神」全港公開攝影比賽等。

是次出席的講者包括：

香港精神科醫學院副院長(教育事務)及瑪麗醫院精神科顧問

陳國齡醫生

香港精神科醫學院學術研究委員會主席及香港中文大學精神科學系

陳秀雯副教授

香港精神科醫學院公共關注委員會主席**麥永接醫生**

分享: 精神科醫生治療旅程的苦與樂

香港大學醫學院精神醫學系**陳喆燁臨床助理教授**

香港精神科醫學院精神科專科醫生**李明冲醫生**

分享: 精神康復者的心路歷程

李巧梅小姐

如有查詢，請與秘書處洪小姐(電話:2871 8770 / 9685 5632) 聯絡。