



Clinical Division of Psychotherapy, Education  
Committee, Hong Kong College of Psychiatrists  
&  
Department of Psychiatry,  
Tai Po Hospital



## Psychotherapy Conference 2018

# Self and the Other – Exploring Subjectivity in Therapy

**cum Annual General Meeting, Clinical Division of Psychotherapy**

### Guest Speaker: Dr Ronald LEE

*Dr Ronald R. Lee is a registered psychologist in Victoria who has practiced psychotherapy for nearly 50 years, mostly in Chicago, in the U.S.A. He has a B.A, Honors degree (History) from The University of Melbourne, a Master of Divinity degree from Garrett Theological Seminary, a Ph.D. from Northwestern University (Chicago) and post-doctoral training from the Menninger Foundation (Topeka, Kansas), where he was a Fellow in Religion and Psychiatry. He is presently a lecturer in the Department of Psychiatry, The Melbourne University, and a Consulting Psychologist to St Vincent's Mental Health. Ron has supervised many psychiatrists, including some in Hong Kong, in their long term psychotherapy cases and introduced to them the concepts of Self Psychology/Intersubjective Psychotherapy. He has published: Clients and Clergy (Seabury Press) in 1981, Psychotherapy After Kohut (The Analytic Press), in 1991, and Postulates of Kohut (Aronson) 2009.*

**Date:** 29<sup>th</sup> to 30<sup>th</sup> October, 2018 (Monday-Tuesday)  
**Time:** 9:00 to 17:30  
**Venue:** Lecture Theatre, Block J, Alice Ho Miu Ling Nethersole Hospital, Tai Po, New Territories  
**Registration Fee:** Free of Charge  
**CME/CPD:** Psychiatrists-6 CME points per day under PP/CP (List A)  
MCHK CME, CE and CPD are pending

### PROGRAM:

#### Day 1(29 Oct 2018)

**0900 – 0930** Registration and Welcome  
**0930 – 1100** Lecture: Reverse Twinship Experience – Dr Ron LEE  
**1100 – 1115** Tea Break  
**1115 – 1245** Case Presentation #1  
Dr. Dickson Lai-yin CHOW  
15 minutes psychotherapy spanning through years in a standard Psychiatric Out-patient Clinic session in Hong Kong – what good (if any) can one achieve?

- 1245 – 1415      Lunch Break**
- 1415 – 1545      Case Presentation #2**  
Dr. Larina Chi-lap YIM  
In search of self in a foreign land
- 1545 – 1600      Tea Break**
- 1600 – 1730      Case Presentation #3**  
Dr. Chee-hung CHAN  
Therapy Terminable or Interminable
- 1730 – 1830      Annual General Meeting**  
**Clinical Division of Psychotherapy**

## **Day 2(30 October 2018)**

- 0900 – 1030      Lecture: Clinical Supervision as Twinship Experience – Dr Ron LEE**
- 1030 – 1045      Tea Break**
- 1045 – 1215      Case Presentation #4**  
Dr. Eddie SO  
Narcissism and Schizoid States
- 1215 – 1345      Lunch Break**
- 1345 – 1515      Case Presentation #5**  
Dr. Sarah Theresa CHUNG  
Leaving Home
- 1515 – 1530      Tea Break**
- 1530 – 1700      Case Presentation #6**  
Dr. Harvey Cheung-fat HUNG  
Narcissus and Echo
- 1700 – 1730      Discussion**

### **Presenters:**

Dr. Chee-hung CHAN

Dr. Chan obtained his psychiatric qualification and became a member of the Royal College of Psychiatrists, UK, in 1989. He later became a Foundation Fellow of the Hong Kong College of Psychiatrists and the Hong Kong Academy of Medicine. He started private practice in 1990 and started to be interested in psychoanalytic psychotherapy. He learned from a psychoanalyst trained with Object Relations Theories in the UK, Ms. Dorcas Shuen, through sharing cases with her. Dr. Chan became interested in Self Psychology through a conference held by Dr. Ron Lee in Hong Kong. He has been under the supervision of Dr. Ron Lee since 2014 and has been greatly benefited from him.

### **Dr. Dickson Lai-yin CHOW**

Dr. Chow is a specialist in Psychiatry currently working full time in a Psychiatric Specialist Out-patient Clinic with work focused in General Adult Psychiatry and Gender Identity Disorder. After started working in a full time out-patient based post since a few years ago, he has developed an interest of implementing psychotherapy in a really "time-limited" setting, integrating with his daily clinical work. In this presentation, he is going to share with you his experiencing of doing this with a few cases and what he has achieved through the journey. Dr. Chow is currently one of the psychotherapy supervisors of the Department of Psychiatry of New Territories East Cluster.

### **Dr. Sarah Theresa CHUNG**

Dr Chung completed her basic medical degree in the University of Hong Kong in 2014. She is currently a resident trainee at the Child and Adolescent Team of Castle Peak Hospital after her completion of rotations in General Adult, Geriatric and Rehabilitation Psychiatry. She has particular interest in psychodynamic psychotherapy and family therapy and attended training at the Asian Academy of Family Therapy. She has been supervised by Dr. Joyce Chow for her first psychodynamic psychotherapy case.

### **Dr. Harvey Cheung-fat HUNG**

Dr. Hung graduated from the University of Hong Kong in 2014. He is currently a trainee in the general adult psychiatry team of Castle Peak Hospital. He is interested in psychodynamic psychotherapy and family therapy and attended training at the Asian Academy of Family Therapy. He is currently doing his first psychodynamic psychotherapy case supervised by Dr. Jessica Wong.

### **Dr. Eddie SO**

(Master of Medicine; Master of Arts; FRANZCP; Member ANZAP)

Dr. So is a Consultant Psychiatrist and a mentor of the Staff Therapist Supervision Group of the St. John of God Hospital at Burwood, NSW, Australia. His is also a Psychotherapy Supervisor of the Royal Australian and New Zealand College of Psychiatrists.

### **Dr. Larina Chi-lap YIM**

Dr. Yim gained her medical degree from the Chinese University of Hong Kong in 2006. She entered psychiatry for specialist training right after her housemanship. She was awarded fellowship in the specialty in 2012. Since 2015, she has started to serve as an associate consultant in an adult team in Shatin Hospital. Dr. Yim is interested in self-psychology, family therapy, community research and service development for the underprivileged. Currently she delivers psychotherapy to patients under the supervision of Dr. Irene Kam.

## **Registration Form**

Name (To be written on the certificate of attendance in English): \_\_\_\_\_

Title (Prof/ Dr/ Mr/ Ms): \_\_\_\_\_ Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Occupation: \_\_\_\_\_ Organization: \_\_\_\_\_

I will attend:  Full conference       Day 1 (29 Oct) only       Day 2 (30 Oct) only

I  am     am not    a fellows/ members/ Inceptors of the Hong Kong College of Psychiatrists

RSVP before 22 October 2018 to Ms Janice Ng at [janice@hkpsych.org.hk](mailto:janice@hkpsych.org.hk) or fax to 2870 1391